



# VOLUNTEER GRIEF FACILITATOR POSITION DESCRIPTION

## Position Overview

A group volunteer participates as a sharer and as one who cares in children's or parent's peer support groups. There is no formal counseling or therapy provided by volunteers as a part of these peer support groups. Staff and volunteers support each other, and volunteers and participants share, teach and learn about grief and grief process.

## Essential Skills

Confidentiality – must respect what is said in group remains confidential

Reporting – must report to Group Coordinator any suspicion of suicidal ideation; child abuse; chemical dependency or threats to harm immediately

Reliability – if volunteer is to miss a meeting, s/he is to contact the Volunteer Coordinator as early as possible to allow sufficient time to arrange for a replacement and prepare the group for the change (see contact chart)

Therapeutic Boundaries – respect for the helping relationship between volunteer and participant; establishment of person relationships is not permitted during group sessions or up to one-year post program with participants as it may interfere with the healing process

Competency – services should be provided only within the boundaries of training received through The Centre

## Specific Duties

Participate in group sessions in a helping and supportive manner, including self-disclosure when and where appropriate

Note and discuss any individual children's needs

Identify and restrict any unsafe behaviors

## Reporting/Supervision

All volunteers report to the Program Services Manager

Issues or concerns pertaining to specific participants and/or group should be reported directly to the Group Coordinator



**Requirements/Training**

- Demonstrate working knowledge of Seasons Centre Volunteer Training Manual
- Attendance at Seasons Centre Volunteer Orientation
- Completion of specific Grief Facilitator Training
- Completion of ongoing training as required
- Clear Criminal Record Search & Vulnerable Sector Search

**Time Commitment**

Biweekly from September to June

There will be a 30 minute pre-meeting immediately prior to each group session; there will also be a 30 minute de-briefing meeting following group (may be longer depending on group process that evening)

Volunteers for children’s group are normally expected to be in attendance from 5:00pm – 7:30pm; however this is subject to the needs of the group and can be adjusted by the Group Coordinator in collaboration with the group participants and volunteers

**Volunteer** \_\_\_\_\_

**Dated** \_\_\_\_\_

**Witness** \_\_\_\_\_

**Dated** \_\_\_\_\_